



Peaks & Potomac Itinerary

A Refined Retreat in the Highlands

4 to 6 Night Itinerary

Follow the Flow

Start your getaway in Berkeley Springs with a glass of wine, a gourmet meal, and a night in a luxurious inn. Then journey through Hampshire County, where Appalachian charm meets scenic beauty—perfect for leisurely drives, historic strolls, and unexpected discoveries. Complete your refined retreat in Keyser with cozy fare, historic and cultural gems, and small-town elegance.

For travelers who love a polished getaway with a side of mountain charm, this itinerary offers curated experiences in boutique settings. Think artisan shops, fine food, historic architecture, and beautifully restored lodging. It's the perfect fit for girlfriends' weekends, anniversary trips, or anyone looking to blend natural beauty with creature comforts.

Morgan County, 1-2 Nights

Stay

Mendenhall 1884 Inn Bed & Breakfast

Nestled in the heart of Berkeley Springs, this historic inn offers a blend of Victorian elegance and modern comfort. Guests can enjoy beautifully appointed rooms, a delightful garden, and a gourmet breakfast to start the day.

📍 167 Wilkes St, Berkeley Springs, WV 25411

☎ 304.500.2433

The Grand Castalian Inn Bed & Breakfast

The Grand Castalian Inn offers a luxurious and tranquil retreat in downtown Berkeley Springs. Each uniquely themed room features a private bathroom and modern amenities. Guests can enjoy a complimentary continental breakfast, with house-made entrees available on weekends. The inn's wraparound porch provides a perfect spot to relax and unwind.

 41 Pratt St, Berkeley Springs, WV 25411
 541.848.1265

Do

Cacapon Ridge Trail, Cacapon Resort State Park

This 1.1-mile loop trail provides a moderately challenging hike with rewarding views of the surrounding mountains and valleys. It's an ideal way to immerse yourself in the natural beauty of the area.

 818 Cacapon Lodge Dr, Berkeley Springs, WV 25411
 304.258.1022

Berkeley Springs Salt Cave

Experience deep relaxation in a man-made Himalayan salt cave that's designed to replicate the microclimate of natural salt caves. The therapeutic environment is said to offer various health benefits.

 19 Greenway Trail, Berkeley Springs, WV 25411
 304.258.0381

Ice House Co-op Gallery

The Ice House Co-op Gallery showcases handcrafted works by more than 30 juried local and regional artists, including pottery, jewelry, paintings, and textiles. Located in the heart of historic Berkeley Springs, it's a hub for creativity and community events.

 138 Independence St, Berkeley Springs, WV 25411
 304.867.3073

Mountain Laurel Artisans

The Ice House Co-op Gallery showcases handcrafted works by more than 30 juried local and regional artists, including pottery, jewelry, paintings, and textiles. Located in the heart of historic Berkeley Springs, it's a hub for creativity and community events.

 1 N Washington St, Berkeley Springs, WV 25411
 304.867.3073

Eat and Drink

Lot 12 Public House

This upscale restaurant specializes in seasonal, locally sourced cuisine, offering a menu that reflects the flavors of the region. The intimate setting provides a perfect backdrop for a memorable dining experience.

 117 Warren St, Berkeley Springs, WV 25411
 304.258.6264

Ravenswood Pub

Ravenswood Pub offers an intimate, reservation-only dining experience featuring seasonal menus, wild game dishes, curated wine and beer pairings, and live music. Enjoy themed events like Champagne Brunches and four-course wine dinners in a cozy, welcoming atmosphere.

 206 Martinsburg Rd, Berkeley Springs, WV 25411
 727.742.8333

Panorama Public House

Panorama Public House offers creative comfort food with stunning Appalachian views. Stop by for lunch or dinner, or stroll up to the walk-up window for homemade ice cream and coffee.

 3299 Cacapon Rd, Berkeley Springs, WV 25411
 304.444.2950

Hampshire County, 2 Nights

Stay

Mountaineer Luxury Cabin

Set amidst the serene landscapes of Hampshire County, this secluded cabin offers luxurious accommodations with breathtaking views. It's an ideal retreat for those seeking both comfort and a connection to nature.

 Ice Mountain, Capon Bridge, WV
 410.802.7856 |  cabin-luxury.com

Capon Springs and Farms

Capon Springs and Farms is a historic, all-inclusive family resort offering golf, spa services, and escape rooms. As West Virginia's pioneer FlingGolf destination, it hosts regional tournaments on its scenic 9-hole course.

 3818 Capon Springs Rd, High View, WV 26808
 304.874.3695 |  caponsprings.net

Do

Ice Mountain Preserve

Explore this unique natural area known for its cold air vents and rare plant species. Guided-hike only tours provide insights into the preserve's geological and ecological significance. To schedule a tour, please call.

 North River Mills, WV
 304.496.7359 |  bit.ly/ice-mountain-preserve

Hygeia Bath House & Spa at Capon Springs & Farms

Indulge in the healing mineral waters and a variety of spa treatments at this historic resort, offering a tranquil escape from the everyday.

 3818 Capon Springs Rd, High View, WV 26808
 304.874.3695 |  caponsprings.net/spa

The River House

A community-focused venue that combines a cafe, art space, and live music, The River House is a cultural hub where visitors can enjoy espresso, wine, and local performances.

 24 Rickie Davy Ln, Capon Bridge, WV 26711
 304.856.2440 |  theriverhousewv.org

Potomac Eagle Scenic Railroad

Embark on a picturesque train ride through the South Branch Valley, known for its stunning landscapes and frequent bald eagle sightings. The journey combines natural beauty with a touch of nostalgia.

 149 Eagle Dr, Romney, WV 26757
 304.424.0736 |  potomaceagle.com

Eat and Drink

Farmer's Daughter Market & Butcher

This family-owned establishment in Capon Bridge is renowned for its whole-animal butchery and commitment to sustainable sourcing. Don't miss its award-winning burgers, celebrated as some of the best in West Virginia.

 2908 Northwestern Pike, Capon Bridge, WV 26711
 304.856.2550 |  farmersdaughterwv.com

El Puente Mexican Restaurant

Offering authentic Mexican cuisine in a friendly atmosphere, El Puente is a local favorite for flavorful dishes and warm hospitality.

 2902 Northwestern Pike, Capon Bridge, WV 26711
 304.856.1178

The Café at Slanesville General Store

A cozy spot with big-town flavor, this café is known for comfort classics—think burgers, sandwiches, and crispy fries—served with warm, small-town hospitality.

 100 North Main Street, Slanesville, WV 25444
 304.496.1177

Mineral County, 1-2 Nights

Stay

Private Mountain Cabin Airbnb

Experience the tranquility of the mountains in a private cabin, offering a peaceful retreat with all the comforts of home.

 Mineral County

 [airbnb.com](https://www.airbnb.com)

Do

Jennings Randolph Lake

Swim, kayak, or simply enjoy the water's edge at this expansive lake. It's a perfect spot for relaxation and outdoor fun.

 Mineral County

 304.355.2346

Polish Pines Golf Course

Tee off at Polish Pines Golf Course in Keyser, a scenic 9-hole, par-34 course designed by John Rokisky. The course offers a challenging yet enjoyable experience for golfers of all skill levels.

 1 S Main St, Keyser, WV 26726

 304.788.4224

Clyde's River Guides & Outfitters

Enjoy a relaxing float down the North Branch of the Potomac River with Clyde's River Guides & Outfitters. Its tubing package includes a tube, a personal flotation device, and shuttle service from Wiley Ford Public Access.

 155 Burkhart Road, Ridgeley, WV 26753

 240.378.0830

Eat and Drink

The Candlewyck Inn

A beloved local restaurant in Keyser, The Candlewyck Inn serves hearty meals in a casual, welcoming setting. It's a great place to unwind after a day of exploration.

 24 N Main St, Keyser, WV 26726

 304.788.6700

Queen's Point Coffee

Located in downtown Keyser, this cozy cafe offers a selection of expertly brewed coffees and treats, making it an ideal stop to start your day or enjoy a midday break.

 91 N Main St, Keyser, WV 26726

 304.359.1559

The Corner Bistro

Relish homestyle meals and delectable desserts while browsing vintage items and antiques in this charming eatery.

 25 N Main St, Keyser, WV 26726

 304.788.2122