



Waters & Wildlife Itinerary

Ecological Exploration & Riverfront Discovery

3-4 Night Itinerary

Follow the Flow

Begin your adventure in beautiful Berkeley Springs with nature-inspired relaxation. Think lush, green forest hikes, winding rivers, and mineral springs that let the natural world do the healing. Then feed your need for wildlife experiences, deep woods wandering, and peaceful paddle trips in Hampshire County. Finish your stay with a trip to Mineral County and Keyser, where riverfront access and scenic overlooks offer a great taste of the Highlands.

This itinerary is perfect for bird watchers, stream splashers, and those who find their happy place under the trees. Whether you want to paddle a hidden waterway, explore nature preserves, or just sit quietly and watch the wildlife go by, you'll find moments of awe and serenity all along the way. You'll leave recharged and reconnected—by water, wind, and wilderness.

Morgan County, 2 Nights

Stay

Camp Potomac Peak



Experience luxury glamping at Camp Potomac Peak, perched above Prospect Peak—hailed by National Geographic as one of the top five scenic vistas in the Eastern United States. Enjoy panoramic views spanning three states and two rivers.

📍 3865 Cacapon Road, Berkeley Springs, WV 25411

☎ 703.869.6968



Firefly Ridge Retreat

Just 10 minutes from Berkeley Springs, Firefly Ridge's glamping resort features oversized canvas tents with plush beds, private fire pits, and modern comforts. Pet-friendly and family-oriented, it sits amid wooded hills along the Cacapon River, great for kayaking and wildlife watching.

 9225 Cacapon Road, Great Cacapon, WV 25422
 304.901.4001

Mountain Life Inn



Housed in a restored 1898 home on the C&O Canal towpath, this intimate inn offers four themed suites with private baths, full kitchens, and modern amenities—perfect for river-trail exploration.

 202 W Main St, Paw Paw, WV 25434
 304.947.7015

Do



Berkeley Springs State Park & Roman Bathhouse

For thousands of years people have gathered here to soak in the healing mineral waters. The 74.3 degree water bubbles up from a deep aquifer heated by magma beneath the earth's surface.

 2 S Washington St, Berkeley Springs, WV 25411
 304.258.2711



Mineral Springs Trading Company

At 45 Fairfax Street, fill a branded glass bottle with pure spring water, browse local crafts, gourmet treats, and souvenirs—an interactive nod to Berkeley Springs' protected aquifer heritage.

 45 Fairfax St, Berkeley Springs, WV 25411
 304.258.7890

Atasia Spa

Housed in a beautifully restored century-old building, the spa offers a range of services including massage therapy, facials, body treatments, and nail care. Guests can also enjoy amenities like a eucalyptus steam room and private whirlpool baths, all delivered with warm West Virginia hospitality and Asian-inspired tranquility.

 41 Congress Street, Berkeley Springs, WV 25411
 304.258.7888

Prospect Peak Overlook


Right over the mountain on Route 9, you will find yourself at Prospect Peak Overlook. This epic view shows the confluence of the mighty Cacapon and Potomac Rivers and was listed as one of the top views in America by National Geographic and was listed as one of the top five scenic vistas in the Eastern United States.

 3299 Cacapon Rd, Berkeley Springs, WV 25411

Cacapon River Outfitters

Float or kayak a scenic stretch above Largent Bridge, just minutes from Berkeley Springs. Gentle currents, fishing spots, and forested banks offer prime wildlife viewing on this family-friendly river excursion.

 14 Stoney Creek Rd, Great Cacapon, WV 25422


 304.258.4444

Eat and Drink

Fairfax Coffee House

Start with artisan espresso, specialty lattes, and breakfast quiches in a bright, park-view cafe. Free Wi-Fi and cozy seating make this a favorite pre-adventure stop.


 23 Fairfax St, Berkeley Springs, WV 25411

 304.258.8010

Charlotte's Cafe

It's breakfast all day at this family-friendly diner, including home-style dishes, fresh-baked pastries, and gluten-free options. Sit indoors or out and enjoy the laid-back vibe.


 46 Independence St, Berkeley Springs, WV 25411

 304.258.5353

Berkeley Springs Brewing Company

Raise a glass of spring-water ale in this laid-back taproom, where trivia nights, pub fare, and live music celebrate local craft and community.

 110 Michigan Ln, Berkeley Springs, WV 25411




 304.258.3369

Hampshire County, 1-2 Nights

Stay

Buffalo Gap Retreat

Nestled in the Potomac Highlands of Capon Bridge, WV, Buffalo Gap Retreat offers eco-friendly cabins, campsites, and event spaces. Enjoy a spring-fed lake, sauna, hiking trails, and a vibrant pavilion.

 229 Cool Creek Rd, Capon Bridge, WV 26711
 202.422.7540 / 304.359.4884 |  buffalogapretreat.com

Lazy Bear Retreat

Nestled along the serene Cacapon River in Hampshire County, Lazy Bear Retreat offers a cozy, rustic cabin experience. Enjoy kayaking, stargazing by the fire pit, and tranquil wildlife sounds—perfect for a romantic couples' getaway.

 Capon Bridge, WV
 [Airbnb](#)

Do

Ice Mountain Preserve

Guided-only hikes reveal this 149-acre “nature’s ice box,” arctic plants live on talus slopes. A National Natural Landmark rich in ecological and geological wonders, Ice Mountain Preserve is a naturalist’s paradise. To schedule a tour, please call 304-496-7359.

 North River Mills, WV
 304.637.0160 (The Nature Conservancy) |  <https://bit.ly/ice-mountain-preserve>



Pin Oak Fountain

This historic roadside spring in Capon Bridge offers a picturesque picnic spot. Fill bottles at the 19th-century fountain, once the town’s main water source, amid tranquil village scenery.

 CGQX+F8 Paw Paw, West Virginia

Edwards Run Wildlife Management Area

Trails wind through oak-hickory forests, leading anglers to stocked streams for fly fishing adventures. Bird watchers relish sightings of warblers, woodpeckers, and wild turkey in this serene wildlife management area.

 8H93+9H Capon Bridge, West Virginia
 WV DNR: 304.822.3551

Potomac Eagle Scenic Railroad

Board a vintage train for a three-hour, 35-mile round trip through The Trough, a remote gorge where bald eagles and herons nest on cliffs above the South Branch Potomac. Enjoy trips with meal services as well as seasonal themed excursions.

 149 Eagle Dr, Romney, WV 26757
 304.424.0736 |  potomaceagle.com

Flying Buck Distillery


This farm-based distillery in Augusta crafts small-batch spirits using traditional recipes and ingredients grown right on the farm. It's a true taste of Appalachian heritage, offering tours and tastings in a laid-back, rustic setting.

 13841 Northwestern Pike, Augusta, WV 26704
 304.359.1120

Eat and Drink

El Puente Mexican Restaurant

Offering authentic Mexican cuisine in a friendly atmosphere, El Puente is a local favorite for flavorful dishes and warm hospitality.

 2902 Northwestern Pike, Capon Bridge, WV 26711
 304.856.1178

Farmer's Daughter Market & Butcher

A full-service butcher and market in Capon Bridge offering sustainably sourced meats, house-made charcuterie, local cheeses, and pantry staples—ideal for a gourmet picnic or deli-style dinner.

 2908 Northwestern Pike, Capon Bridge, WV 26711
 304.856.2550 |  farmersdaughterwv.com

The Café at Slanesville General Store

A cozy spot with big-town flavor, this café is known for comfort classics—think burgers, sandwiches, and crispy fries—served with warm, small-town hospitality.



 100 North Main Street, Slanesville, WV 25444
 304.496.1177 |  slanesvillestore.com

Mineral County, Day Trip

Do

Jennings Randolph Lake

This 1,500-acre reservoir straddles West Virginia and Maryland, offering fishing piers, wildlife-viewing platforms, and picnic shelters. Interpretive signs highlight its role in regional water conservation and habitat protection.

 Mineral County, WV (border with Maryland)
 304.355.2346

Waffle Rock

At the lake's edge, this hexagonal sandstone formation resembles a giant waffle. A short trail and interpretive marker reveal its puzzling geology and the area's ancient sedimentary history.

 Near Jennings Randolph Lake
 304.355.2346

Allegheny Wildlife Management Area

Spanning 6,202 acres, this wildlife management area features oak-hickory forests and rolling ridges. Trails and gravel roads offer hikers and birders views of native songbirds, deer, and wild turkey.

 Off US-50, near Ridgeville, WV

Pinnacle Knob Fire Tower

Climb 130 feet to reach a 3,100-foot-high overlook. One of the few remaining fire towers, its panoramic deck rewards hikers with sweeping West Virginia vistas.

 Near Ridgeville, WV

Oldtown Toll Bridge & C&O Canal Towpath


Cross into Maryland on the 1835 iron truss toll bridge, then stroll the historic canal towpath—a living museum of 19th-century waterway transportation.


 Green Spring Rd, Oldtown, MD 21555

Eat and Drink

North Branch Brewing Co.

In Keyser, this veteran microbrewery showcases 14 rotating taps—IPAs, stouts, and seasonal brews—paired with gourmet hot dogs, loaded fries, and house-made desserts in a friendly riverside taproom.

 28 N Main St, Keyser, WV 26726

 304.359.5001